

12 Month Checklist



The majority of children will achieve these milestones by the time they turn 12 months. All children will develop at different rates. Some children develop slower than others, but will catch up with time. Other children, however, may have an underlying problem that causes their delayed development, and they may not catch up. It is important for these children to get as much treatment and early intervention as possible. So if you are concerned about any aspect of your child's development please complete this development milestone form as accurately as possible, and you will be able to discuss it with your GP at your child's next visit. **Please circle correct answer.**

AN AVERAGE 12 month CHILD CAN....	SIGNS OF POSSIBLE PROBLEMS INCLUDE -Red Flag for referral.
Gross Motor	
Stand holding on, walking holding on	Cannot stand holding on
Crawl well	No crawling or bottom- shuffling
Pull to standing position	Any difference between left and right sides of body (in strength, movement or muscle tone).
Fine Motor	
Pick up objects using tip of thumb and index finger	No clear use of the index finger to point or poke or with thumb to pick up objects
Grasp pencil and start to scribble	
Picks up smaller objects well.	
Talking and understanding	
Say 2 clear words	No single words.
Shake head for No	
Babble short sentence of six or more sounds. Babble frequently when left alone (i.e.) talk to self	No Babbled phrases that "sound" like normal language.
Listen with more interest to familiar words	No interest in language, communication.
Understands No	
Understands individual words ,like "drink"	No recognition of individual words.
SOCIAL	
Play ball with a stranger	Lack of awareness of strangers
Point at wanted objects	
Plays more complex games like pat-a-cake.	Prefers to play alone.

AN AVERAGE 12 month CHILD CAN....	SIGNS OF POSSIBLE PROBLEMS INCLUDE -Red Flag for referral.
Make the first move to show affection	Shows no pleasure when parents give affection.
Wave "Bye-bye"	No awareness of what to do socially (i.e. waving, or noticing if someone walks in the room).
Intellectual	
Actively explore –lifting lids, looking around.	
Copy actions	
Find hidden objects, like a block under a cup	Forgets objects or loses interest as soon as they are out of view.